

Best FREE Online Tennis Tips & Resources:

TALK TENNIS: The biggest and the best tennis tips forum on the internet
<http://tt.tennis-warehouse.com/forumdisplay.php?f=17>

TENNIS GRIPS (Quick Guide): <http://www.mountainghosttennis.com/tennisgrips.html>
TENNIS GRIPS (Descriptions): <http://www.waileatennis.com/grips.htm>

THE RULES OF TENNIS: Official Rules of the International Tennis Federation (ITF)
<http://www.itftennis.com/technical/rules/>

USTA Player Development Digital Video Library: Stroke library of the world's top pros
<http://www.playerdevelopment.usta.com/players/>

FUZZY YELLOW BALLS: Growing number of easy-to-understand instructional videos
<http://www.fuzzyyellowballs.com>

IPODTENNISPROS.COM: Tennis Pod Pro Videos (as @ iTunes) – tennis tips, drills and instruction
<http://www.ipodtennispros.com>

VIDEOJUG: Good quality instructional videos, but with a few questionable tips and examples
<http://www.videojug.com/tag/tennis>

OPERATION DOUBLES: Useable instructional advice for singles players too
http://web.archive.org/web/20071023034536/www.operationdoubles.com/od-tennis_content.htm

TENNIS4YOU.COM: Broad collection of articles, drills and lessons without getting too technical
<http://www.tennis4you.com/lesson-lounge/lessonlounge.htm>

SPORTSKOOL.COM: Instructional videos featuring top tennis teaching and playing professionals
<http://www.sportskool.com/sports/tennis>

TENNIS.COM: Pro tennis circuits, player profiles, with some tips in the “Your Game” section
<http://www.tennis.com>

TENNIS SERVER: Lots of ads, with some decent feature articles, player profiles
<http://www.tennisserver.com>

Best Subscription & Paid Tennis Tips & Resources:

TENNISPLAYER.NET: Videos plus instruction by the best teaching professionals in the business
<http://www.tennisplayer.net> (\$100/year . . . or \$20/month . . . free tour)

TENNISTEACHER.COM: “Play Like the Pros” with Oscar Wegner’s Modern Tennis Methodology™
<http://www.tennisteacher.com/>

HI-TECH TENNIS: Detailed instructional video analysis of modern strokes . . . frame-by-frame clips
<http://www.hi-techtennis.com> (\$50/year . . . 100% money back guarantee)

TENNIS ONE: Excellent instructional articles and downloadable videos
<http://www.tennisone.com> (\$80/year . . . free 30-day trial)

(All opinions by MOUNTAIN GHOST)